



# Khatra Adibasi Mahavidyalaya

P.O.: Khatra, Dist. Bankura, West Bengal, Pin: 722140  
Phone: 8900057220 E-mail: [khatraacollege@gmail.com](mailto:khatraacollege@gmail.com) / [kacollege@rediffmail.com](mailto:kacollege@rediffmail.com)  
Website: [www.kamy.ac.in](http://www.kamy.ac.in)  
NAAC Accredited B+ (2<sup>nd</sup> Cycle)

---

## Best Practices 1: Green Campus through Plantation Drive and Campus Gardening

**A. Objectives of the Practice:** Tree plantation drive is undertaken to sensitize, encourage and motivate all other stakeholders about planting saplings inside the college campus and adopted villages.

**B. The Context:** Trees not only beautify the surroundings of the college campus but also contribute towards air purification and add to the quality of life inside the college campus.

**C. The Practice:** Plantation Programme was undertaken by the NSS wings of the college and the Eco Clubs of the college on International Forestry Day i.e., on 21 March, 2022 in adopted village Gourmandipur. About 30 NSS volunteers participated in this event. Plantation Programme and Campus Cleaning Programme were also organized on International Environment Day i.e., 5th June 2022. About 100 NCC and NSS volunteers participated in this event. Saplings were distributed on the occasion of the celebration of 75<sup>th</sup> Independence Day. On the occasion of 75<sup>th</sup> Independence Day celebration, Van Mahotsav week was celebrated by NSS Units-I, II, III, NCC Unit and Afforestation Sub-committee. Saplings were implanted on ground of college campus and saplings were distributed to NSS and NCC Volunteers by Afforestation Sub-committee. To sensitize and educate students and their peer groups towards best environmental our practices, college has always focused on campus gardening with a view to fauna inside saving the flora and the campus. It creates a conducive environment for the growth of tiny insects, plant species, moths, butterflies and bees. The Eco Club, NSS volunteers and NCC cadets equally take part in maintaining the garden. The seasonal flowers enhance the beauty of the take campus making the ambience pleasant and stress free. Teachers as well as students actively part in cleaning the campus garden and planting saplings and water, insecticides and nurturing them by spraying pesticides (if necessary) and applying manure. Dead and decayed leaves are collected and buried near pit adjacent to trees so that it becomes manure for the trees and other vegetation. The herbal garden is well maintained and rare trees are identified and name plates are attached by Eco Club.

**D. Evidence of Success:** The active involvement of the students in the tree plantation programmes is a positive sign. Green audit is done along with attaching QR code details on trees.

**E. Problems Encountered and Resources Required:** From time-to-time pesticides and insecticides must be applied to protect from attack of insects and pests. During COVID-19 lockdown when the campus was subjected to exigency closure, the practice of gardening was hampered due to lack of nurturing and care.

### List of Activities with Link

Sl. No.	Title of the Programme	Link
1	Celebration of International Forestry Day	<a href="https://kamv.ac.in/nss_activity/1719405272_Fores%20Day%20Celebration.pdf">https://kamv.ac.in/nss_activity/1719405272_Fores%20Day%20Celebration.pdf</a>
2	Tree Plantation on International Youth Day	<a href="https://kamv.ac.in/nss_activity/1719405513_Youth%20Day.pdf">https://kamv.ac.in/nss_activity/1719405513_Youth%20Day.pdf</a>
3	Saplings distribution on 75 <sup>th</sup> Independence Day	<a href="https://kamv.ac.in/nss_activity/1719405308_Independence%20Day.pdf">https://kamv.ac.in/nss_activity/1719405308_Independence%20Day.pdf</a>
4	Sapling Distributions and Plantation on NSS Day	<a href="https://kamv.ac.in/nss_activity/1719405349_NSS%20Day.pdf">https://kamv.ac.in/nss_activity/1719405349_NSS%20Day.pdf</a>
6	World Environment Day Celebration	<a href="https://kamv.ac.in/nss_activity/1719405375_World%20Environment%20Day.pdf">https://kamv.ac.in/nss_activity/1719405375_World%20Environment%20Day.pdf</a>

## *Campus Gardening*





## *Campus Gardening*





## *Campus Gardening*





## *Campus Gardening*





*Captured images of insects at our college campus garden*



*Captured images of insects at our college campus garden*





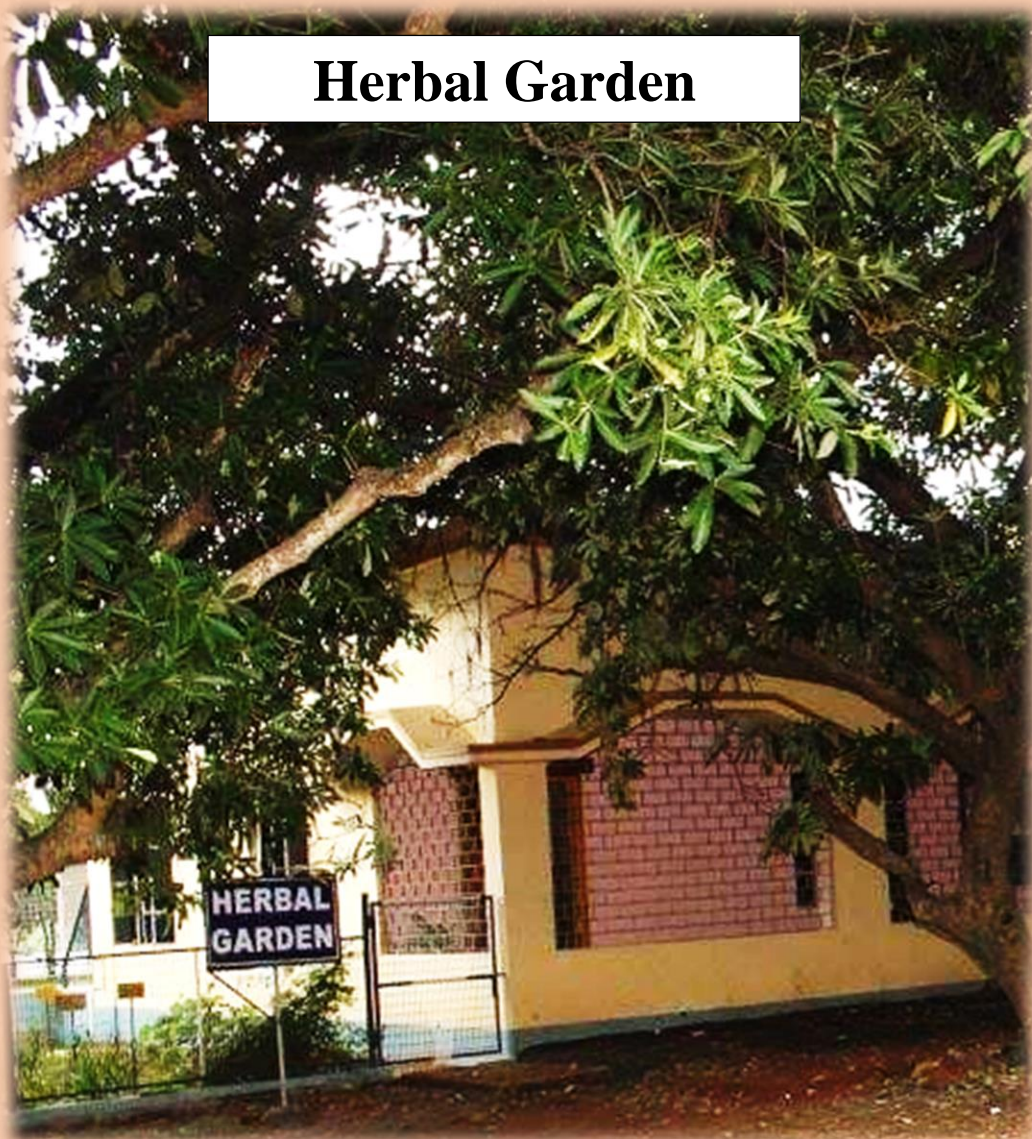


**Images: Presence of Biodiversity in the College Campus**





The students and staff have planted several saplings during various afforestation programmes organized by the institution through the NSS wing and all these trees are taken care of by spraying water from the pond inside the campus. Environment Day is observed on 5th June every year and talk is organised to sensitize students about the need and urgency of afforestation programme. The institution has a system for green-auditing which is carried out informally by the NSS wing and Eco Club. The use of plastic bags is avoided in the campus. Jute bags are distributed in the adopted villages. The college campus is declared as 'No Smoking Zone'. Dead and decayed leaves are collected and buried near pit adjacent to trees so that it becomes manure for the trees and other vegetation. The herbal garden is well maintained and rare trees are identified and name plates are attached by Eco Club.



**Herbal Garden**





**Decayed Leaves Collected in Pit to Create Manure for Vegetation**





## Jute Bag Distribution



## Sapling Distribution by Eco-Club of our College





## Observing World Environment Day







# Khatra Adibasi Mahavidyalaya

P.O.: Khatra, Dist. Bankura, West Bengal, Pin: 722140  
Phone: 8900057220 E-mail: [khatraacollege@gmail.com](mailto:khatraacollege@gmail.com) / [kacollege@rediffmail.com](mailto:kacollege@rediffmail.com)  
Website: [www.kamy.ac.in](http://www.kamy.ac.in)  
NAAC Accredited B+ (2<sup>nd</sup> Cycle)

---

## Best Practices 2: Health Awareness Programmes

**A. Objectives of the Practice:** In our college different initiatives are taken throughout the year to develop awareness on maintenance of health and hygiene. The COVID-19 pandemic has been a serious threat to our physical and mental health and has taught us the lesson that even if we can survive without excess money, we cannot survive without good health.

**B. The Context:** Our college organizes various seminars and awareness programmes on health-related issues round the year.

**C. The Practice:** Blood Donation Camps are held in our college every year. NSS organized a Blood Donation Camp in the college on 18.03.2023. This initiative was funded by the Red Ribbon Club. In recognition of the holistic significance of yoga in the lives of individuals, NSS Units celebrated the International Yoga Day on 21.06.2023. In view of positive impact of cycling on our health as well as on environment, World Bicycle Day is celebrated every year by the NSS units of the college. NSS organized health related awareness programme on Anti-Tobacco Day, Dengue and AIDS. NSS units of our college organised an awareness programme entitled Tikakaran Utsav on 11<sup>th</sup> & 14<sup>th</sup> April, 2021. Faculty members and few NSS volunteers maintaining social distance norms went to adopted villages to motivate reluctant villagers to take COVID-19 vaccines thereby ensuring safety. Total 62 NSS volunteers were in action throughout the whole program in the pandemic situation. They distributed surgical masks and soaps to villagers.

**D. Evidence of Success:** There was formidable response from the students in all the health-related programmes organized by the college. Students and teachers voluntarily participated in the Blood Donation Camps as they realized that being a part of this society, they should be a part of this noble venture. Large number of students actively participated in the yoga and meditation sessions held in the college in the session 2022-2023. They have realized the role that yoga and meditation play a vital role in improving their concentration power and boosting the level of their confidence. Students realized the important role that bicycle plays in maintaining a pollution free environment and contributing towards good health. Many students use bicycle as a mode of transportation in daily life. Students are aware about the negative



impact of tobacco and its byproducts and their fatal effects on health. Campus Cleaning Programmes develop the habit of keeping the environment in and around the college clean and minimize the spread of diseases.

**E. Problems Encountered and Resources Required:** At times students do not feel motivated enough to participate in the health-related programmes as they have a pre-conceived notion that their one and only focus is to prepare for examination and not be a part of extension activities. Proper counselling of the students is required to inspire them to actively participate in such health-related programmes by making them aware about the multiple benefits of such programmes and make these programmes even more successful.

#### List of Activities with Link

Sl. No.	Title of the Programme	Link
1	Blood Donation Camp	<a href="https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf">https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf</a>
2	Awareness Programme on Anti-Tobacco Day	<a href="https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf">https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf</a>
3	World Bicycle Day	<a href="https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf">https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf</a>
4	Celebration of World Environment Day	<a href="https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf">https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf</a>
5	International Yoga Day Celebration	<a href="https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf">https://kamv.ac.in/naac/dvv/1705043931_Link%20for%20Best%20Practice%201.pdf</a>
6	Students' Week Celebration (Campus Cleaning)	<a href="https://kamv.ac.in/naac/dvv/1702541904_Students%20E2%80%99%20Week%20Celebration_compressed.pdf">https://kamv.ac.in/naac/dvv/1702541904_Students%20E2%80%99%20Week%20Celebration_compressed.pdf</a>
7	Tikakaran Utsav	<a href="https://kamv.ac.in/nss_activity/1719406364_Tikakaran%20Utsav%202020-21.pdf">https://kamv.ac.in/nss_activity/1719406364_Tikakaran%20Utsav%202020-21.pdf</a>
8	Awareness Programme on Dengue during Covid 19	<a href="https://kamv.ac.in/nss_activity/1719406518_Awareness%20Programme%20on%20Dengue%20during%20Covid%2019.pdf">https://kamv.ac.in/nss_activity/1719406518_Awareness%20Programme%20on%20Dengue%20during%20Covid%2019.pdf</a>